

# INVERNESS ROWING CLUB

# CABERFEIDH MOTORS

# SAAB INVERNESS

# EIGHTS AND SMALL

# BOATS HEAD 2004

(Held in accordance of the Rules of the S.A.R.A.)

Saturday 14<sup>th</sup> February 2004  
on the Caledonian Canal

Racing will take place in two divisions over a 4500m course.

Entry Fees: Seniors £ 5.00 / Juniors £4.00 per seat  
Coxes no fee.

- if paid in full with entry

A £1.00 levy will be charged for payment on the day.

## Events offered:

**First Division** starting at 1200

Mens Open VIII

Mens R2 VIII

Womens R1 VIII

Womens Novice VIII

Vet. Women VIII

**Second Division** starting at 1430

Mens R1 VIII

Mens Novice VIII

Vet. Men VIII

Womens Open VIII

Womens R2 VIII

**All small boat events are offered in both divisions.**

The organisers reserve the right to cancel any event where there are insufficient competitors. In such an eventuality crews will be offered an entry in the next category for which they are eligible.

**ENTRIES CLOSE SUNDAY 8<sup>th</sup> FEBRUARY AT 18.00 hrs**



**INVERNESS ROWING CLUB**  
**THE CABERFEIDH MOTORS SAAB INVERNESS**  
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**LOCAL RULES**

1. All racing will be run in accordance with SARA Rules of Racing. All competitors must be in possession of a current racing licence. Anyone contravening the Rules will be disqualified.
2. Veteran races will be handicapped using the standard table of handicaps-handicaps will be applied at the finish.
3. Racing will be over a 4500m course (approx)
4. All crews **MUST** be in the start area 5 minutes before the start of each race. Please allow sufficient time to reach the start. **Novice crews should allow at least 45 minutes.** Please ensure that sufficient clothing is taken to the start in the unlikely event of a delay. **To ensure all crews reach the Start in plenty time NOVICE Crews must start boating at 10:30 am for the 1<sup>st</sup> Division and 1:15pm for the 2<sup>nd</sup> Division.**
5. **Time penalties** will be awarded to crews arriving at the start late. 5 seconds will be applied for every minute late to the start.
6. Crews should proceed upstream on the **NORTH** side of the canal (right hand bank looking upstream).
7. As a requirement of the Waterways Board **ALL COXES MUST** wear life jackets.
8. All crews **MUST** obey marshals at all times.
9. Attention is drawn to the new fencing which projects some two metres into the canal from the North Bank at three locations along the canal.
10. After the finish all boats **MUST** paddle clear of the finish line and stay on the water till they are called onto a landing area by a landing marshal.
11. **ALL** entry fees must be paid prior to boating.

We hope that you enjoy the day and the excellent rowing which the  
Caledonian Canal offers.

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# **THE CABERFEIDH MOTORS SAAB INVERNESS EIGHTS AND SMALL BOATS HEAD 2004**

### **ADDITIONAL INFORMATION**

- In addition to the local rules competitors should note that ALL entry fees must be paid prior to boating.
- Late entries will not be accepted
- Crews must collect a bow number from regatta registration. A deposit of £5 will be charged for each number, refundable when the bow number is returned at the end of the race.
- Hot drinks and food are available all day .
- Showers are available, please ask at registration if they are required.
- Our thanks go to all who have helped organise and run this event, in particular
  - CABERFEIDH MOTORS SAAB
  - British Waterways