

**Aberdeen Asset Management Inverness Fours Head 2005**  
**Saturday 19<sup>th</sup> November 2005**  
**Essential Information for Competitors**

Can we encourage competitors to arrive early and register early.

It is essential that you BOAT IN PLENTY OF TIME.

Please read carefully the note below about disqualifications and time penalties which WILL be applied.

**Car Parking**

Buses must use the Sports Centre car park, which is clearly signposted..

All cars (with the exception of those carrying small boats) must be parked at the Rugby Club car park, turn left before crossing the canal.

Cars carrying small boats should park beyond the IRC boathouse.

**Trailer Parking is allocated as follows**

Glasgow UBC Edinburgh UBC Heriot Watt UBC	On the towpath to the North of Tomnahurich Swing Bridge (turn right after going over the canal bridge)
Aberdeen UBC Strathclyde UBC St Andrews UBC Dundee UBC George Heriots School RGUBC	Close to the Jacobite Cruises Office Please note that a turning space for the Jacobite Cruises tour bus must be maintained at all times in the area between the public roadway and the cruise office. Two parking spaces must also be left on the immediate south side of the Cruise office for their use.
Glasgow RC St. Andrew BC Aberdeen BC	Close to IRC Boathouse (trailers may be parked beyond the boathouse at the turning area before the metal gate)

**Registration**

Race entry monies, bow numbers and back numbers will be dealt with at registration (the marquee/horsebox beside the boathouse). Should Clubs wish to scratch crews, alter crew composition or make other permitted changes, then these will be dealt with at Regatta Control which will be at the marquee/horsebox beside the boathouse. PLEASE CARRY OUT THESE TASKS AS SOON AS YOU CAN AFTER ARRIVAL.

**PLEASE HAVE THE CORRECT ENTRY MONEY IF AT ALL POSSIBLE (IF PAYING ON THE DAY) – THIS WILL HELP SPEED THINGS UP FOR ALL**

**Boating**

Penalties will be applied for crews late to the start (ie if the crew is not in the start area 5 minutes before the indicated start time), please have respect for your fellow competitors and arrive at the start in time. It can take up to 45 minutes to row to the start.

First Division

Novice Crews must begin boating at 10:15, Junior Crews at 10:35 and Senior Crews at 10:45.

Second Division

Novice Crews must begin boating at 1:15, Junior Crews at 1:35 and Senior Crews at 1:45.

**All boats must be past the Kennels by 11.00hrs in Div 1 and 14.00hrs in Div 2.**

**Failure to obey this rule may lead to disqualification.**

*Remember to take sufficient warm and weatherproof clothing with you.*

**Wishing you all a successful weekend (and no time penalties )**  
 Regatta Organising Committee, Inverness Rowing Club.